

Cyberbullying

Does your child need a bully-proof vest?



Shona J. Holmes

What in the world is a cyber bully?

We're glad that you asked!
According to Wikapedia...

A **cyber bully** is defined as, "the term used to refer to bullying and harassment by the use of electronic devices," such as...



mobile
phones



computers



paggers

How do cyber bullies attack?



They may send your child a harassing or threatening letter by e-mail.

They may send your child an instant message to the computer or their cell phone.



They may even create a website or chat room about your child!

Why do cyber bullies attack?

Parry Aftab teaches us many kids can fall into one of four categories.

1. The Vengegal Angel
2. The Power-Hungry or Revenge of the Nerds
3. The Mean Girls
4. The Because I Can

Still Confused?

Watch this video clip from Netsmartz.org about a cyber bully by clicking on the video clip below.



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How do I know if it is happening to my child?



**Look for
the signs!**



Now that you know...

What do you do about it?

Get your child a cyber-bully vest!



Of course it's not an actual vest. It's just steps to take to protect your child if they have been cyber-bullied.

7 Steps to Protect

According to BullyOnline.org there are 7 steps you can take to help protect your child.

1. Do not respond to the email
2. Keep documentation of all the emails.
3. Research bullying.
4. Get help!
5. Be mindful of people who provoke.
6. Become observant

and...

7 Steps to Protect cont.

7. Make a decision about whether or not to take action.

Congratulations you've been...



Sources

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